



***Student Support Services Division***  
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Dr. Traci Miller

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September 6, 2022

**TO:** Stockton Unified School District Families

**FROM:** Dr. Francine Baird, Assistant Superintendent, Student Services

**Subject:** **Regarding Heat Advisory – Week of September 5 – 9, 2022**

Dear Stockton Unified Families,

San Joaquin County is on a National Weather Service (NWS) heat advisory. Stockton Unified School District (SUSD) is expected to follow the “magenta” guidelines per our local Department of Public Health Office. Temperatures are expected to reach 100 degrees and higher for the remainder of the week. The safety of our students and staff is our highest priority. SUSD has implemented the following heat advisory recommendations out of an abundance of caution for the safety of all students:

- Outdoor Physical Education (P.E.) classes are recommended to practice indoors
- Outdoor team practices are recommended to move indoors for the week and be cancelled as needed
- It is recommended that student recess move indoors
- Stay hydrated with frequent water breaks
- Utilize cooling locations for your family and child as needed (information on locations below)
- Students with medical conditions (Example: Asthma) are to remain inside and monitor as needed
- Monitor your child for signs of heat stroke and call 911 if your child is in distress – please see below for signs of heat stroke:
  - Confusion, altered mental status, slurred speech
  - Loss of consciousness (coma)
  - Hot, dry skin or profuse sweating
  - Seizures
  - Very high body temperature

**Resources for Heat:**

<https://kidshealth.org/en/parents/heat-exhaustion-heatstroke-sheet.html> (Spanish AVAILABLE)

<https://www.cde.ca.gov/ls/ep/extremeheat.asp>

[https://www.sicphs.org/Disease/Heat\\_Emergencies.aspx](https://www.sicphs.org/Disease/Heat_Emergencies.aspx)

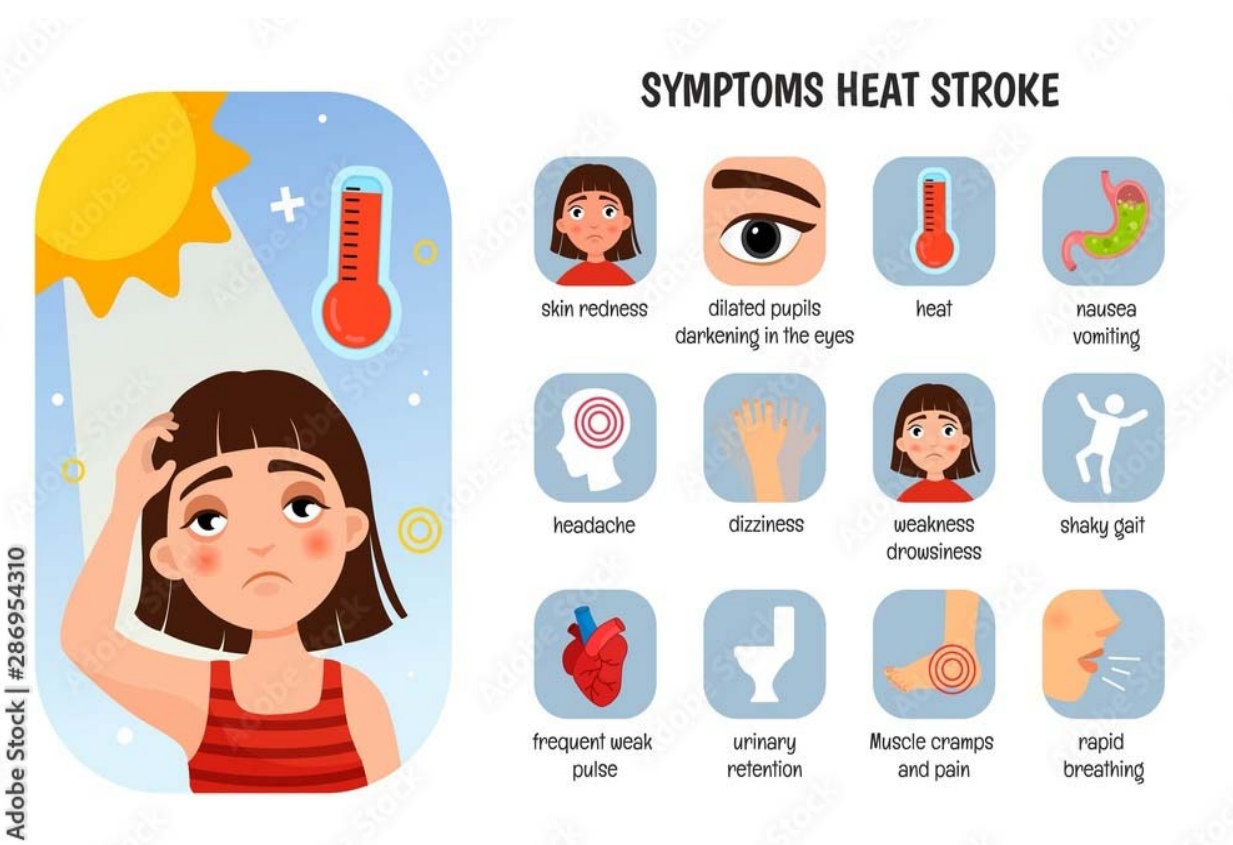
<https://www.ready.gov/heat>

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cc: Dr. Traci Miller, Interim Superintendent  
Cabinet  
Marcus Omlin, ES/School Safety Program Coordinator

**Cooling Locations:**

- Boggs Tract Community Center\* 533 S. Los Angeles St M-F 8AM-5PM
- Garden Acres Community Center\* 607 Bird Ave. M-F 8AM-5PM
- Kennedy Community Center\* 2800 S D St M-F 8AM - 5PM
- Northeast Community Center\* 2885 E Harding Way Wed 8AM - 5PM
- Taft Community Center\* 389 W. Downing Ave M-F 8AM - 5PM



**SYMPTOMS HEAT STROKE**

skin redness	dilated pupils darkening in the eyes	heat	nausea vomiting
headache	dizziness	weakness drowsiness	shaky gait
frequent weak pulse	urinary retention	Muscle cramps and pain	rapid breathing

FB/tm

cc: Dr. Traci Miller, Interim Superintendent  
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Marcus Omlin, ES/School Safety Program Coordinator